Personal Excellence Introduction Presentation Sept 16, 2011

Sun, 09/18/2011 - 13:49 — Chris

The PowerPoint presentation used at the [ThinkBiz 2011] [1] conference in Bellingham, WA is attached below.

An introductory session for the Personal Excellence [Workshop] [2] was presented.

We talked about how to focus and achieve your dreams by challenging yourself with three questions:

1. What is important to me?
2. What should I focus on?
3. What do I need to do next?

Some key takeaways from the talk included:

- Your journey starts with you.
- Write down your values and use roles to make them real.
- Use communities, roles and MARST to frame your objectives.
- Process your e-mail using the 5Ds
- It's your system - make it work for you!

To learn more about Personal Excellence try attending one of our [Workshops] [2], downloading our Microsoft Outlook [add-in] [3], and/or reading the [Getting Started Guide] [4].
Please login or sign up to download this and other great resources.
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- Quality Excellence [6]

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